IMPROVING HEALTH AMONG AMERICA'S YOUTH CAN SAVE LIVES AND HEALTHCARE COSTS



Chronic disease during childhood will cost the U.S. \$1.15 trillion over the next 15 years, including \$620 billion in direct medical costs and \$530 billion in economic losses.

IMPROVING HEALTH AMONG AMERICA'S YOUTH CAN CUT THOSE COSTS BY MORE THAN HALF.

FOCUSED EFFORTS ON IMPROVING HEALTH THROUGH PREVENTION AND TREATMENT ADVANCES HOLD SIGNIFICANT PROMISE.

ON A WEEKLY BASIS, U.S. CHILDREN AGES 1-5:

Did not eat a fruit daily 1%



Did not eat a vegetable daily



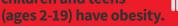
Consumed a sugar-sweetened beverage at least once





Less than half of all high school students meet national physical activity guidelines.

Almost 1 in 5 U.S. children and teens



"Over their lifetimes, children with obesity will incur \$27 billion more in medical costs compared with the lifetime medical costs of children who maintain a healthy weight into adulthood."1

More than about 1 in 5 —

have received a diagnosis for a mental or behavioral condition, with anxiety being

Among those needing treatment or counseling, 61 percent had difficulty getting needed

treatment.2

Improving childhood cancer survival rates alone could save more than 10,000 children.

	\$ SAVED (BY 2040)	# FEWER CASES OF CHRONIC DISEASE
Better Prevention & Management of Chronic Disease	\$172 Billion	2,600,000
Significant Health Improvement & Innovation	\$450 Billion	9,300,000

^{1.} https://www.cdc.gov/obesity/childhood-obesity-facts/childhood-obesity-facts.html#:~:text=At%20a%20glance,percentile%20for%20age%20and%20sex; https://pubmed.ncbi.nlm.nih. gov/24709935/.

^{2.} https://www.ncbi.nlm.nih.gov/books/NBK608531/